

Choose your coaching package

CHF 100

Laser coaching

- ✦ Identify the problem
- ✦ Brainstorm possible solutions
- ✦ Food for thought

Clients looking for a fresh input and quick brainstorming

Package includes:

- ✦ Pre-session questionnaire
- ✦ One 60 minutes session

CHF 160

Single goal coaching

- ✦ Action plan to move forward
- ✦ Audit of strengths and skills
- ✦ Audit of opportunities costs

Clients with specific goal or topic to work towards

Package includes:

- ✦ Pre-session questionnaire
- ✦ One 60 minutes session

CHF 1200/1400/1600

4-6 months coaching package

- ✦ Clarity about current life situation
- ✦ Vision/Purpose statement
- ✦ Focus areas
- ✦ Action plan

Clients committed to grow, seeking clarity and empowerment

Package includes:

- ✦ Pre-coaching questionnaire
- ✦ Intake session
- ✦ 6/8/10 coaching sessions a la 60 minutes
- ✦ Personal Development Framework template
- ✦ 2 check-in calls



Book your intro session via getintouch@elenazine.blog!
www.elenazine.blog/coaching